

Wednesday Bulletin

Edition 33 | Page 1 of 5

Wednesday 18th August | 2010

General Practitioners

2010 Annual General Meeting Date Claimer:

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Date: Saturday 23 October 2010
Venue: QLD Rugby Club Downtown
Time: 7:00pm – 10:00pm (Approx)

More information and invitations will be mailed out very soon.

Dr. Roberta Prestopino Award for Excellence in General Practice:

The Dr. Roberta Prestopino Award is an Annual Award presented at the AGM, to an Individual or General Practice who has demonstrated a commitment to excellence in General Practice. Each year the award is based on selection criteria as determined by the Board of the SouthEast Primary HealthCare Network. The criteria for this year's award are: Most Innovative Practice, Improvement of Access for Patients, or Treatment and Management of Workflow. More information and nomination forms will be mailed out very soon.

Annual GP Census

Thanks to all those that participated in the GP Census. Please see below for the results of our division.

Overall percentage	42.15%
GP response rate	30.23%
Practice response rate	91.57%

Expression of Interest – GP's Mental Health Week Event

SouthEast Primary HealthCare Network will be holding a Mental Health Event for GP's in line with Mental Health Week in October. To be sure we best address the needs of General Practitioners and their patients we have attached an expression of interest at the end of the bulletin.

Please take time to fill out the form and fax back to Dwayne Birtles at SouthEast Primary HealthCare Network. Fax: 3290 3144

2010 Chronic Disease Self Management Conference

SouthEast Primary HealthCare Network is proud to announce the inaugural **2010 Chronic Disease Self Management Conference** to be held over one day on Saturday November 6th 2010. The conference will address key areas in Chronic Disease. Be sure to keep this date free. Further information will be sent in the coming month.

Date: Saturday 6 November 2010
Venue: Logan Entertainment Centre
Time: 9:00am – 6:30pm

If you have any queries **contact** Dwayne Birtles at SouthEast Primary HealthCare Network on 3290 3733.



Linking the Nations Thru Food & Stories

Multi Link Community Services is inviting you to a community event to learn about different cultures and their foods.

Date: Sunday 26th September
Time: 12.00noon
Venue: Multi Link Day Respite Centre
61 Mayes Ave, Logan Central
Cost: \$55.00 full payment required
before the event

Please see attached flyer for more information.

NPS Radar 2010

Please find attached to the bulletin the NPS Radar for 2010. The NPS Radar articles provide timely, independent, evidence-based assessment of new drugs, new PBS listings and research for health professionals.

For more information about NPS RADAR visit www.npsradar.org.au

CPR Workshop Venue Confirmed

- **Date & Time:** 1st September 2010
7.00pm to 9.00pm
- **Venue:** Trinder Park Rest Home
10 Laurel St, Woodridge, QLD 4114
- **Costs:** Members Free / Non Members \$65.00

Prices for classes provided at your premises available on request.

There are still spots available for 1st September.

For more information **contact** Kim Moffatt at SouthEast Primary HealthCare Network on 07 3290 3733

Positions Vacant

Underwood, Brisbane

Join a team of m/f doctors. Non-corp. Modern practice looking for VR m/f full-time/part-time GPs. Fully computerised and fully equipped practice with full-time nurse. Hours and remuneration neg.

Contact: Dr Adel on 07 3808 3300, 0412 888 067 or goldnile@hotmail.com

GP operator wanted for brand new practice

Southside of Brisbane, a brand new up-market shopping centre due to be finished with high traffic flow expected. Adjacent to a large, franchised pharmacy with latest design and concept, Woolworths, McDonalds, Bakery, Newsagent, Café, petrol station etc. The centre is located amongst suburbs with rapid population growth. This is an opportunity for a business-minded GP operator to establish a busy, professional group practice.

Expression of interest: **contact** Evans on 0434987834 or e-mail: evansosnyh@yahoo.com.au

GP Required for Meadowbrook (Logan) DWS and After Hours available, Full Nurse support.

Contact: Joye Preston on 3200 7699 / 0400 159 101 or e: jpreston@medihealth.com.au for further information

GP required for: Marsden (Logan QLD) DWS and after hours available, established Practice, full nurse support. Contact Joye Preston on 0400159101 .For further details

GP required for: Logan Central (Woodridge) DWS and After Hours also available, established Practice, full nurse support Contact Joye Preston on 0400159101. For further details

VR fulltime GP needed for Edens Landing and Waterford practices Good working conditions, RN , fully computerised. Privately owned and very flexible.

Please contact Angela on 0402 175 257 or Dr Tim Chan on 0403 028 428.



Expression of Interest – GP’s Mental Health Week 10th – 16th October 2010

SouthEast Primary HealthCare Network and Queensland Health would like to invite General Practitioners to an education evening to celebrate Mental Health week. This is the perfect opportunity to be involved and not be the last to know about what we have planned for the launch of *activate: mind & body*, a collaborative between General Practice Queensland (GPQ) and the Queensland Health, Mental Health Directorate.

The topics covered will be those that have been identified by GP’s working in the Logan area. We are asking for you to nominate topics that you feel would benefit your practice regarding Mental Health issues.

Presentations will be given by members of our QLD Mental Health Medical and Clinical Staff and SouthEast Primary HealthCare Network staff.

We would also like you to nominate a preferred time to attend the dinner so we are able to accommodate as many General Practitioners as possible.

Topics I would like covered: (Please nominate up to 3 preferred Mental Health related topics). For example: Metabolic monitoring for antipsychotic medications, Management of perinatal depression, Management of Borderline personality disorder and self harm/ suicide risk, Identifying early psychosis and management, Anxiety disorders or PTSD diagnosis and management.

- 1). _____
- 2). _____
- 3). _____

Preferred Night: (please circle) **MON TUE WED THU FRI**

Preferred Time: (please circle) **5:30pm–7:30pm 6pm–8pm 6:30pm–8:30pm 7pm–9pm**

Name: _____

Practice: _____

Please fax this to Dwayne Birtles at SouthEast Primary HealthCare Network with your education request, preferred day and time and we will attempt to address those most commonly requested. Topics unable to be covered will be placed on a data base for future reference.

Please contact Gail Symonds for any enquiries:

Gail Symonds Qld Health - Primary Care Liaison Officer Ph 34213200 Mobile 0459 058 583
RSVP:

Fax number 3290 3144



Queensland Government
Queensland Health



NPS RADAR August 2010



NPS RADAR articles provide timely, independent, evidence-based assessment of new drugs, new PBS listings and research for health professionals.

Find out more about NPS RADAR. (www.npsradar.org.au)

Title	Why read this
NPS RADAR August 2010 Complete issue	NPS RADAR articles provide timely, independent, evidence-based assessment of new drugs, new PBS listings and research for health professionals.
Immediate-release pramipexole (Sifrol) and extended-release pramipexole (Sifrol ER) for Parkinson's disease Review article	Pramipexole is a non-ergot dopamine agonist for treating early Parkinson's disease. Sleep attacks and compulsive behaviour have been reported with pramipexole and other dopamine agonists
Adrenaline autoinjector (Anapen) for acute allergic anaphylaxis Review article	Anapen is a new autoinjector for the emergency treatment of anaphylaxis. It has a substantially different administration technique to that of EpiPen.
Dipeptidyl peptidase-4 inhibitors ('gliptins') for type 2 diabetes mellitus Review article	Vildagliptin (Galvus) is the second 'gliptin' to be added to the PBS. Like sitagliptin (Januvia), it can be prescribed with metformin or a sulfonylurea when a combination of these drugs is contraindicated or not tolerated. Both gliptins improve glycaemic control, but their effect on diabetes-related complications and mortality is not known.
PBS listing of extended-release pramipexole (Sifrol ER) for Parkinson's disease Brief item	An extended-release formulation of pramipexole (Sifrol ER) has been listed on the PBS for treating Parkinson's disease.
Paracetamol with caffeine (Panadol Extra) available over the counter from pharmacies Brief item	Paracetamol with caffeine (Panadol Extra) available over the counter from pharmacies
Exenatide (Byetta): first in another new class of diabetes drugs Brief item	Exenatide is an injectable drug in the new class of incretin mimetics, PBS listed from 1 August 2010 for type 2 diabetes.
Anakinra (Kineret) to be deleted from the PBS Brief item	On 1 December 2010, anakinra (Kineret) will be deleted from the Schedule of Pharmaceutical Benefits. Listings for other biological disease-modifying anti-rheumatic drugs (bDMARDs) will remain unchanged, and anakinra will continue to be available as a private prescription.
Anaphylaxis management plan Web-only item	Anaphylaxis management plan
ASCIA guidelines for prescribing an adrenaline autoinjector Web-only item	ASCIA guidelines for prescribing an adrenaline autoinjector

[Complete list](#) of all NPS RADAR content.

Date published: 01/08/2010

The information contained in this material is derived from a critical analysis of a wide range of authoritative evidence. Any treatment decisions based on this information should be made in the context of clinical circumstances of each patient



Linking the Nations

Thru

Food & Stories

Cultural stories

Cooking Demonstration

Lunch

An exciting afternoon of learning about different cultures and foods. Maria from the International Cookery School will demonstrate 3 delicious recipes, which will be part of a banquet lunch with accompanying wines, dessert, tea & coffee.

- ◆ **Date:** Sunday 26th September
- ◆ **Time:** 12.00noon
- ◆ **Venue:** MultiLink Day Respite Centre
61 Mayes Ave, Logan Central
- ◆ **Cost** \$55.00 full payment required
before the event

Thai—Rendang Beef Curry
Indian—Butter Chicken
Malaysian—Vegetable stir fry

This is a fundraising event to support the education of food, health & wellbeing to MultiLink clients

Contact: Sheree or Jess to register and pay

Ph: 3808 4463 BH 8.30am—5.00pm



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Edition 33 | Page 1 of 6

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Practice Staff

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Nursing & Allied Health Scholarship & Support Scheme (NAHSSS) Update

Applications open 14th August!

The Royal College of Nursing Australia (RCNA) has been appointed as administrator of nursing scholarships under the Dept of Health and Ageing NAHSSS program. Previously the Australian Practice Nurse Association (APNA) administered the Continuing Professional Development (CPD) category for Practice Nurses. Under the new arrangements, the nursing element of the scheme is administered in 4 streams, Undergraduate, Postgraduate, Clinical Placements and CPD. CPD for Practice nurses will fall under the CPD NAHSSS stream.

The scheme will invest more than \$100 million over four years to support undergraduate and postgraduate study, clinical placements and continuing professional development activities for nursing and allied health students and professionals.

The scholarships worth up to a total of \$1,500 per applicant for a one-year study period are intended to assist nurses in meeting the cost of their continuing professional development. This can include short courses, workshops and conferences.

Further information about the NAHSSS can be found at:

www.health.gov.au/internet/main/publishing.nsf/Content/work-pr-nahsss

<http://www.rcna.org.au/scholarships/nahssscpd>



Immunisation

WEEK 3

Healthy Kids Check

The Healthy Kids Check may be completed under MBS Items **701 (brief)**, **703 (standard)**, **705 (long)** or **707 (prolonged)**, depending on the length of the consultation as determined by the complexity of the patient's presentation. This fact sheet applies to a Healthy Kids Check provided by a medical practitioner. If a practice nurse or registered Aboriginal health worker undertakes the Healthy Kids Check on behalf of a medical practitioner, MBS item 10986 may be claimed.

The Healthy Kids Check is to be delivered in conjunction with the four year old immunisation. In some states and territories, the four year old immunisation may be provided at an earlier or later age. Children receiving this earlier or later immunisation will be eligible for the Healthy Kids Check if they are over the age of three years and under the age of five years. Also note that the 4 year old vaccination may be safely given at 3 years and 6 months.

(The link below refers on page 18 and 19 to the change of legislation. Please visit the SouthEast Primary HealthCare Network website under Immunisation – links.)

[http://www.comlaw.gov.au/ComLaw/Legislation/LegislativeInstrument1.nsf/0/BB89BA6D4465112ECA257648007AD1C5/\\$file/2072009LI.pdf](http://www.comlaw.gov.au/ComLaw/Legislation/LegislativeInstrument1.nsf/0/BB89BA6D4465112ECA257648007AD1C5/$file/2072009LI.pdf)

Annual GP Census

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Aged Care Access Initiative

SouthEast Primary HealthCare Network has been successful in obtaining renewed funding for this financial year in the Aged Care Access Initiative.

We will be inviting expressions of interest from Allied Health Professionals and Specialist Registered Nurses to provide services to residents of aged care facilities. We expect to be sending this by fax within the week.

For more information please **contact** Bralma Hine at SouthEast Primary HealthCare Network on 3290 3733.

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There are still spots available for 1st September.

For more information **contact** Kim Moffatt at SouthEast Primary HealthCare Network on 07 3290 3733

Linking the Nations Thru Food & Stories

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Please see attached flyer for more information.

Nutrition in Aged Care Seminar

Nutrition Australia is holding an Aged Care Seminar directed at Nurses working in Aged Care.

- Date:** Thursday 7th of October 2010
Time: 1:00pm – 4:15pm
Venue: Tall Trees Tanah Merah
3745 Pacific Highway, Slacks Creek
Cost:
Staff from Aged Care Advisory Service Member Facilities \$22.00
Staff from non-member facilities \$33.00

For more information **contact** Nutrition Australia QLD Ph: 07 3257 4393 e: qld@naqld.org

AAPM Queensland Practice Managers Day

The Australian Association of Practice Managers is holding a Practice Managers Day this weekend. It's not too late to register.

- When:** Saturday 21 August 2010
Where: Holiday Inn, Surfers Paradise
Time: 8:30am for 9:00am — 6:00pm
Cost: AAPM Members \$250 inc GST
Non Members \$285 inc GST
CPD Points: 6 AAPM CPD Points allocated

For more information and registration please visit www.aapm.org.au

Positions Vacant

- Nurses required for practices in Logan Knowledge of EPC's an advantage. Please contact Joye on 0400159101
- Busy Southside Medical Centre requires experienced Medical Receptionist on a Casual basis. 15-20 hours per week plus holiday and sick relief. Immediate start.

Please email resume to Kerrie - sonimedical@bigpond.com

For further information regarding vacancies, please visit www.sphn.org.au/general-practice-vacancies

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Edition 33 | Page 1 of 5

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Allied Health Professionals

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Diabetes and Insulin Devices

For people with Type 2 diabetes, starting on insulin can be a difficult and frightening decision to make. It is therefore important for health professionals to be knowledgeable about insulin so they can better support and educate their patients.

Topics Include:

- Insulin types and profiles
- Insulin devices
- Issues involved in insulin administration
- Patient education
- Free needle services
- Hypo prevention and management

Speaker:

**Janita Bird, Credentialed Diabetic Educator,
DISC Program, SouthEast Primary HealthCare Network**



Time & Date

Breakfast – 7–8am Tuesday August 24, 2010 or

Evening for a light meal – 5:30–6:30pm Wednesday August 25, 2010

Venue

SouthEast Primary HealthCare Network Office

91 Wembley Rd, Logan Central

RSVP 20 August 2010



This workshop has been endorsed by APEC No 051124182 as authorised by Royal College of Nursing, Australia (RCNA) according to approved criteria. Attendance attracts 1 RCNA CNE points as part of RCNA's Life Long Learning program (3LP)

For further information please contact Bralma Hine, Primary Care Liaison Officer at SouthEast Primary HealthCare Network. Ph: 07 3290 3733 e: bhine@sphn.org.au



SPHN Events Coming Up

Infection Control & Sterilisation

Infection control is an important and essential part of safe, high quality care in general practice. Education and competency of staff in relation to infection control is essential in ensuring the effectiveness of infection control.

Speaker:

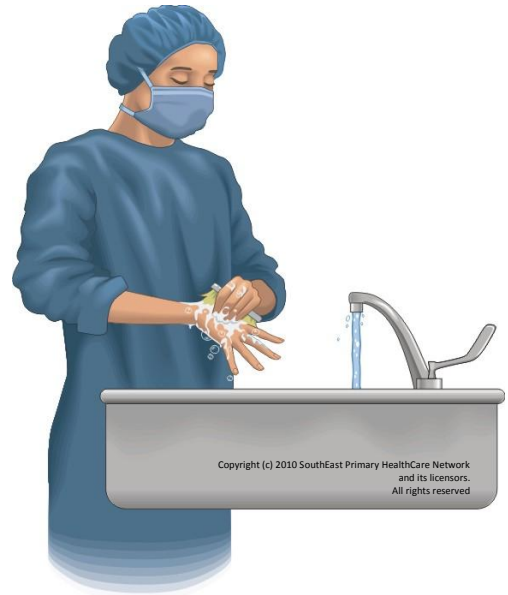
Susan Cederblad, PCLO Nurse Advisor

Topics Include:

- Infection Control in General Practice
- Sterilising in General Practice – keepin' it clean and sterile

Learning Objectives:

- List items required for Personal Protective Equipment
- Identify a situation where additional precautions may be necessary
- Describe the steps involved in sterilising in general practice



Time & Date

Breakfast – 7–8am Tuesday September 14, or

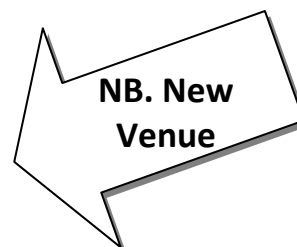
Evening for a light meal – 5:30–6:30pm Wednesday
September 15

Venue

Browns Plains Community Health Centre

Cnr Middle Rd & Wineglass Dr , Hillcrest

RSVP: September 10, 2010



This workshop has been endorsed by APEC No 051124182 as authorised by Royal College of Nursing, Australia (RCNA) according to approved criteria.
Attendance attracts 1 RCNA CNE points as part of RCNA's Life Long Learning program (3LP)

For further information please contact Bralma Hine, Primary Care Liaison Officer at SouthEast Primary HealthCare Network. Ph: 07 3290 3733 e: bhine@sphn.org.au

Please tick boxes of SouthEast Primary HealthCare Network Events that you would like to attend

Diabetes and Insulin Devices
Date: Tuesday August 24 2010 (Morning)

Or

Date: Wednesday August 25 2010 (Evening)

Please contact Bralma Hine at SouthEast Primary HealthCare Network.
Ph: 3209 3733

Infection Control & Sterilisation
Date: Tuesday September 14 2010 (Morning)

Or

Date: Wednesday September 15 2010 (Evening)

Please contact Bralma Hine at SouthEast Primary HealthCare Network.
Ph: 3209 3733

Registration Form for SouthEast Primary HealthCare Network Events

Name:
Position Held:
Practice/Organisation:
Work Address:
Telephone:
Email:
Attending Event:
Special Dietary Requirements:

Pease Note: RSVP by fax to 3290 3144