

Events on Time

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Friday 25th June | 2010

Targeting Health in Disadvantaged Populations

This event has been endorsed by APEC No 051124182 as authorised by Royal College of Nursing, Australia (RCNA) according to approved criteria. Attendance attracts 1 RCNA CNE points as part of RCNA's Life Long Learning program (3LP)

Aboriginal & Torres Strait Islander Health Checks

with Tamara Nikolaou,

Primary Care Liaison Officer

Linking Indigenous People (LIP) Program

Aboriginal and Torres Strait Islander health checks aim to ensure that indigenous people of all ages receive the optimal level of health care.

Why is a health check important for this patient group?

- Indigenous Australians of all ages continue to suffer a burden of ill health greater than the general population
- Indigenous Australians have a lower life expectancy than the general population.

Refugee Health

with Sylvia Penhaligon

Primary Care Liaison Officer - Immunisation and Refugee Health

Officially in February 2006, the Refugee Health Clinic at Logan Central Community Health commenced and has been providing screening for humanitarian entrants ever since. Together with ACCES Services Inc who has been contracted by the Department of Immigration to settle new arrivals, there has been a partnership and commitment to support General Practices completing health assessments.

- How can practices participate in refugee health?
- What are the financial benefits?
- What resources can be provided?

Time & Date: Breakfast – 7–8am Tuesday 20th July 2010 or

Evening for a light meal – 5:30–6:30pm Wednesday 21st July 2010

Venue: SouthEast Primary HealthCare Network, 91 Wembley Road, Logan Central

RSVP: Friday 16th July 2010

For further information and registration, please contact Bralma Hine at SouthEast Primary HealthCare Network on 3290 3733.





SPHN Events Coming Up...

Lighten Up to a Healthy Lifestyle Facilitator training

Lighten Up is a group-based program which promotes behaviour change to improve health and wellbeing and prevention of chronic disease. The program focuses on healthy food choices, physical activity, and making lifestyle changes such as goal setting, overcoming negative behaviours, increasing self esteem and dealing with stress.

If you wish to become a facilitator for this program the next training will take place on the 29th June till 1st July 2010 at Gecko House, 139 Duringan St, Currumbin, Gold Coast. Morning tea, lunch and afternoon tea will be provided and the training is free of charge for staff working in the Logan-Beaudesert area.

If you are interested in attending this training please call Erin at South East Primary Healthcare Network on 3290 3733.

Medical Objects Training!

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Sending and receiving letters by Medical Objects (iHealth). Registrations are invited from persons interested in attending this training. (Please ring to confirm if you have already registered)

Medical-Objects is an electronic messaging system that allows you to:

- **Receive** reports and letters from Specialists, pathology and x-ray companies
- **Send** referrals and letters to Specialists and other allied health providers using a PKI token
- **Transform** your existing data into standards compliant HL7 Messages

Medical-Objects can save you time and money while helping you keep in touch with colleagues and other allied health workers. **Medical-Objects** assists in the composition of medical reports and referrals and their secure transmission. Notes, referrals and reports can be accessed by the GP within seconds of the specialists completing the procedure or consultation.

Who should attend: General Practitioners, Allied Health Professionals, Practice Managers and Practice Nurses. A light meal & refreshment will be served

Date: Thursday 22nd July 2010 from 6.30pm – 8.30pm

Venue: Logan Entertainment Centre, 170 Wembley Road, Logan Central

CPR Classes

For Members and Non Members.

Date: Wednesday 1st September 2010 from 7.00pm – 9.00pm

Venue: TBA

Costs: Members Free / Non Members \$65.00

Prices for classes provided at your premises available on request.

For bookings, please contact Kim Moffatt at SouthEast Primary HealthCare Network on 3290 3733.



Conferences & Workshops...

Drug Action Week Event 20th – 27th June 2010

The Spiritus Amend Program (Assisting Mothers End the Need for Drugs) delivers a 18 session home based relapse prevention and parenting enhancement program for pregnant and parenting women who identify problems with alcohol and other drugs. The program also provides direct counseling and support to children (1 – 18 years) affected by a parent's or other caregiver's substance use. The service is voluntary and provided free of charge to families living between Burpengary and Waterford West as well as on the Gold Coast from Runaway Bay to Coollangatta.

For further information and access to the resource kit please visit http://www.kinections.com.au/Counselling_Services/Amend/Drug_Action_Week_Resource_Kit.aspx or e: ahaylock@spiritus.org.au. The resource kit will also be available on the SouthEast Primary HealthCare Network website.

Triple P (Parenting) Program

Triple P has been developed and scientifically proven over 30 years by The University of Queensland Parent and Family Support Centre. The system is widely in use throughout Australia and increasingly, throughout the world. You'll learn about; effective parenting strategies; how to promote your child's development; how to manage common child behaviour problems and principles to help parents deal with almost any situation that might arise.

Triple P Level 4 Standard program will be completed across eight weeks of one hour consultations. Subsequent to the implementation of the group sessions, individual sessions are available for continued support. The program will involve assessments of child's behaviour and feedback regarding your parenting style. These aspects will be assessed prior to, and upon completion of training in order to track parent and child's personal progress. The program is presented by Melissa Reardon, Registered Psychologist

Date & Time: Tuesday 29th June 2010, (once a week for 6 weeks) from Monday's 5.30pm – 7.00pm
Venue: The Psych Professionals, Unit B, 2 Gleneagles Avenue, Cornubia
Cost: \$390.00 for 6 sessions – single parents (\$65 per session)
\$510 for 6 sessions – couples (\$85 per session)

Medicare rebates available to the amount of \$122.00 (\$20.45 per session) under the Mental Health Care Plan from your GP.

For further information, please contact Carol at The Psych Professionals on 3287 9293.

2010 National Dementia Research Forum

Hosted by the Dementia Collaborative Research Centres (DCRCs), the Annual National Dementia Research Forum will be held at the Holiday Inn Hotel on the Gold Coast on 23rd – 24th September 2010.

The Forum will showcase the latest research in Quality of Life and Quality of Care for people living with dementia and their carers as well providing updates on intervention research, translation of research through education, diagnosis, treatment and management of dementia, drug treatments and prevention of dementia.

Date & Time: Thursday 23rd – Friday 24th September 2010
Venue: Holiday Inn Hotel, 22 View Avenue, Surfers Paradise

For further information, please visit www.dementiaresearch.org.au

**Tick boxes of Special Events that
you would like to attend...**

**Lighten Up to a Healthy Lifestyle Facilitator
training**

Commencing Tuesday 29th June 2010 at Gecko House
Please contact Erin Lumby at SPHN on 3290 3733.

**Targeting Health in Disadvantaged Populations
Tuesday 20th July 2010**

Please contact Bralma Hine at SPHN on 3290 3733.

**Medical Objects Training
Thursday 22nd July 2010**

Please contact Kim Moffatt at SPHN on 3290 3733.

**CPR Classes
Wednesday 1st September 2010**

Please contact Kim Moffatt at SPHN on 3290 3733.

Registration Form for Special Events

Name:

Practice/Organisation:

Position Held:

Work Address:

Postcode:

Telephone:

Email:

Attending event:

*RSVP by fax to 3290 3144

Special dietary requirements: