

Events on Time

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Friday 9th July | 2010

Diabetes

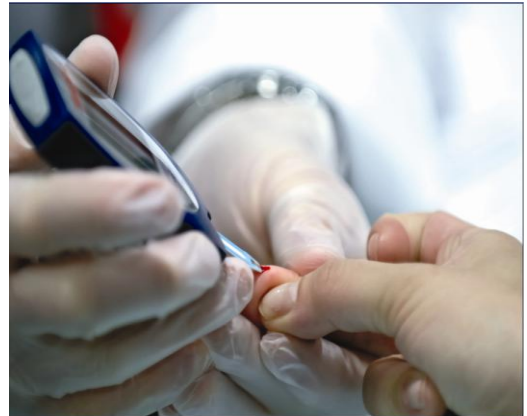
Dinner and Networking Event

As a practice nurse involved in diabetes management you are invited to come along and hear the latest news and best practice in diabetes.

Get in quick as places are limited.

Quick sessions on the night will include:

- **Podiatry** by Mohamed Kola
(Advanced Podiatrist)
- **Gestational Diabetes** by Janita Bird
(Credentialed Diabetes Educator)
- **Healthy Eating** by Sarah Gruber (Dietitian)
- **Self Management**- speaker to be advised
- **Prevention of Type 2 Diabetes** by Laura Jordan
(Nutritionist)
- **Facilitated Networking**



This will be a great opportunity to meet other health professionals in the area who are in similar roles, and to learn from their positive experiences and also the challenges and barriers faced.

SouthEast Primary HealthCare Network will also be launching brand new diabetes resources for health professionals and patients in the Logan area.

Date and Time 28 July 2010
6:30pm- 8.45pm

Venue Thai Orchid
Exit 20, 3374 Pacific Hwy
Springwood Q 4124

RSVP 14 July 2010

For further information please contact Laura Jordan at SouthEast Primary HealthCare Network. Ph: 07 3290 3733 e: ljordan@sphn.org.au

Conferences & Workshops

An Event for Health Care Professionals

The Continence Foundation of Australia invites you to attend an education forum on **Every Body's Business – Bowel Health** a one day forum for all Health Care Professionals and an opportunity to meet the experts.

Date and Time: Friday 6 August 2010, 8:30am – 5:00pm
Venue: Mercure Hotel 85–87 North Quay, Brisbane QLD 4000
RSVP: 30 July 2010 to Mary Trezise
Ph: (03) 9347 2522 e: M.Trezise@continence.org.au

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Heartmoves Programs

This Program is a fun, safe and gentle exercise program appropriate for people living with a chronic condition. QLD Health together with the Heart Foundation is delighted to announce that the Heartmoves Program is now available at a variety of venues for people living in Brisbane. Physical activity plays an important role in assisting to manage the symptoms of multiple chronic conditions.

Heartmoves focuses on delivering low to moderate intensity exercise for people with a chronic medical condition and for those who have not exercised for some time. Programs include gentle aerobic activity, weight-bearing or resistance exercise, balance activities and stretching. All exercise is tailored to the individual's needs, and participants are encouraged to develop social bonds and make exercise a regular part of their weekly activities. The classes are run by Accredited Exercise Professionals and Fitness Instructors.

Pre Exercise Assessment and Referral (PEAR) Form

Before participating in a Heartmoves class, all clients are required to complete a referral form and to obtain medical clearance by their GP or Health Professional. Access to an electronic version of the PEAR Form is available on the Heartmoves website <http://heartmoves.heartfoundation.org.au/why-heartmoves-fitness-professionals>

Programs are available in the south Brisbane area at Clem Jones Centre Carina, Logan PCYC, Lota PCYC and the Victoria Point YMCA.

For more information about Heartmoves classes in Brisbane or the Phase 4 Ever Project, please contact Julie Adsett, Physiotherapist RBWH. Ph: 3636 0286

Conferences & Workshops

Brief Opportunistic Interventions for Harmful Behaviour

Australian General Practice Network and General Practice Queensland invite all GPs, Practice Nurses and Allied Health Professionals to attend a FREE 2 Day educational workshop.

TADS (Training and Development Services) Brief Opportunistic Interventions programme, is a New Zealand national education and training programme incorporated from the University of Auckland in 1995. TADS training provides health practitioners access to a time efficient, cost effective approach to behavioural interventions. The workshop is facilitated by Barbara Docherty, a registered nurse (formerly a general practice nurse), and presently a clinical lecturer at the University of Auckland. Barbara has 12 years experience in behavioural change research and training of general practitioners, nurses and others working at first point of contact.

Date and Time: 26 – 27 July 2010, 8:30am – 4:30pm
Venue: General Practice Queensland, Level 12, 410 Queen Street, Brisbane
RSVP: Wednesday 21 July 2010

For further information, please contact Phillipa Grant. Ph: 07 3105 8300 e: pgrant@gpqld.com.au

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Australasian College of Skin Cancer Medicine 2010 Annual Conference & Scientific Meeting

The Australasian College of Skin Cancer Medicine is holding their Annual Conference with the theme "Awkward Areas". The conference will comprise lectures from their faculty as well as "Masters Panel" sessions. Professionals from both Australia and the United States of America will be presenting.

Date: 27 / 28 / 29 August 2010
Venue: Faculty of Medicine, Bond University, Gold Coast, QLD
RSVP: 13 August 2010

For more information and registration visit www.skincancercollege.com or call 0414 910 355

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2nd Annual Integrated Cancer Centres Symposium

The *2nd annual Integrated Cancer Centres Symposium* comes at a time when excellence in healthcare quality and services is high on the public agenda. With the Government's recent commitment to provide \$560 million dollars in funding to improve and develop cancer centres across regional and rural Australia, the symposium will provide a timely platform for discussing the issues surrounding the planning, development and operation of quality cancer centres.

Date: 8 – 9 August 2010
Venue: Hilton on the Park, Melbourne

For information regarding the developing agenda and sponsorship opportunities, please contact Keith Barks: Ph: (02) 9080 4300 e: keith.barks@informa.com.au

Please tick boxes of SouthEast Primary HealthCare Network Events that you would like to attend

Diabetes Dinner and Networking Event

Date: 28 July 2010

Please contact Laura Jordan at SouthEast Primary HealthCare Network. Ph: 3209 3733

Diabetes Reference Group Meeting

Date: 28 July 2010

Please contact Laura Jordan at SouthEast Primary HealthCare Network. Ph: 3209 3733

Note: Separate event to Diabetes Dinner and Networking Event

Targeting Health in Disadvantaged Populations

Date: Tuesday 20th July 2010 (Morning)

Or

Date: Wednesday 21 July 2010 (Evening)

Please contact Bralma Hine at SouthEast Primary HealthCare Network. Ph: 3209 3733

Registration Form for SouthEast Primary HealthCare Network Events

Name:
Position Held:
Practice/Organisation:
Work Address:
Telephone:
Email:
Attending Event:
Special Dietary Requirements:

Pease Note: RSVP by fax to 3290 3144