



# Events on Time

*enhancing health together*

Friday 22<sup>nd</sup> January | 2010

## Practical Education for Nurses

Learn, network and eat in quick time!

### Nurses are renowned for multi-tasking, so...

... during 2010, SouthEast Primary HealthCare Network will be providing short, sharp, one hour education events every month for practice nurses, where you can put your multi-tasking skills to good use – learning, networking and eating, all at the same time

### February Events:

Tuesday 16<sup>th</sup> February from 7:00am – 8:00am for continental breakfast OR  
Wednesday 17<sup>th</sup> February from 5:30pm – 6:30pm for a light meal

### Subject:

Asthma Devices and Techniques

### Future topics will include:

- Diabetes
- Asthma / COPD Action Plans and Self Management
- Infection control
- Immunisation

These events will continue on a monthly basis until November 2010.

\*Registrations will be taken on a monthly basis

**Venue:** SouthEast Primary HealthCare Network – SPHN  
Wembley Place, 91 Wembley Road, LOGAN CENTRAL QLD 4114

For further information please contact Bralma Hine at SPHN on 3290 3733 or  
e: [bhine@sphn.org.au](mailto:bhine@sphn.org.au)



**To register, please complete and fax back to SPHN on 3290 3144**

- Tuesday 16<sup>th</sup> February at 7:00am – 8:00am  
 Wednesday 17<sup>th</sup> February at 5:30pm – 6:30pm

**Name:** \_\_\_\_\_

**Practice/Organisation:** \_\_\_\_\_

**Dietary Requirements:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_



# SPHN Events Coming Up...

## Perinatal Meet and Greet Expression of Interest

The National Perinatal Depression Initiative aims to improve the prevention and early detection of antenatal and postnatal depression and to provide better care, support and treatment for expectant and new mothers experiencing Perinatal Depression. Logan Hospital is working with SPHN, and will provide a guest speaker for the meeting – so be quick to register your interest as seats are limited.

Please complete the form on the last page and fax back to Kristie Milloy at SouthEast Primary HealthCare Network on 3290 3144 or for further information please call 3290 3733.

## Lighten Up to a Health Lifestyle

The 'Lighten Up' program is now taking referrals for its three upcoming programs that are commencing in February. Lighten Up is a group-based healthy lifestyle program for adults who want to improve their health. The program is provided free of charge by SouthEast Primary HealthCare Network (SPHN) and Queensland Health (QH).

### Lighten Up Program Dates

<b>Beenleigh</b>	Every Monday from 8 <sup>th</sup> February until 22 <sup>nd</sup> March 2010. Beenleigh Library, Crete St, Beenleigh. Time: 2:00 – 4:00pm
<b>Browns Plains</b>	Every Tuesday from 1 <sup>st</sup> February until 16 <sup>th</sup> March 2010. Logan West Community Centre, 2 Wineglass Drive, Hillcrest. Time: 1:00 – 3:00pm
<b>Jimboomba</b>	Dates yet to be confirmed with program commencing in early February.

If you have a patient that you would like to refer to one of these programs please contact Erin Lumby (Healthy Lifestyles Coordinator) at SouthEast Primary HealthCare Network on 3290 3733 or e: [elumby@sphn.org.au](mailto:elumby@sphn.org.au)



## Diabetes Reference Group



**Date:** Wednesday 3<sup>rd</sup> March 2010. Venue to be advised.

The Diabetes Reference Group has been established as part of the Diabetes Insulin Stabilization Clinics (DISC) project. The purpose of the group is to provide ongoing support and direction to both the DISC program and diabetic care services in the Logan community. It is also a great networking opportunity for the health professionals involved and will contribute to improving the information flow between healthcare providers.

For further information, please contact Laura Jordan at SouthEast Primary HealthCare Network on 3290 3733.

# Conferences & Workshops...

## **Date Claimer: February 2010: Forward with Fairness Presentation**

**Date:** 3<sup>rd</sup> February & 4<sup>th</sup> February 2010 and 8<sup>th</sup> February & 16<sup>th</sup> February 2010  
**Venue:** Brisbane, Gold Coast, Ipswich Sunshine Coast

The significant changes to the clerical, nursing and doctor's award became effective from 1<sup>st</sup> January 2010. In November, AAPM Queensland ran a number of workshops to assist with this transition and follow up workshops are now planned for February 2010.

For further information, please contact GP Liaison Midwife on 0466 205 710 or email [GPLiaisonMidwife@mater.org.au](mailto:GPLiaisonMidwife@mater.org.au)

## **Twilight Education**

Hosted by Queensland University of Technology (QUT)

**Date:** Wednesday 10<sup>th</sup> February 2010 from 6.45pm – 7.45pm **RSVP:** Monday 1<sup>st</sup> February 2010  
**Venue:** Blue Care Yurana, 129 Dennis Road, Springwood

For further information, please email Christina at [Christina.parker@qut.edu.au](mailto:Christina.parker@qut.edu.au)

## **Orientation Program for Nurses ~ New to General Practice**

**Date:** 19<sup>th</sup> – 20<sup>th</sup> March 2010 and 4<sup>th</sup> – 5<sup>th</sup> June 2010 from 9.00am – 5.00pm (TBC)  
**Venue:** Royal on the Park, Cnr Alice and Albert Streets, Brisbane  
**Cost:** \$120 (GST Inc) – This fee includes all course materials, morning tea and lunch

General Practice Queensland is pleased to deliver this new 2 day orientation program workshop. The aim of this program is to enhance the knowledge and clinical skills of the Practice Nurse to support the General Practitioners to provide comprehensive interventions and population based primary health care.

Places are limited for registration!! Please contact Susan Cederblad at SPHN on 3290 3733.

## **Pap Smear Provider training for Nurses**

Family Planning Queensland is a leading provider of specialist education and training. The Pap Smear Provider course provides registered nurses with specialist knowledge and skills to practice as a Pap Smear provider and to be eligible for authorisation as a Registered Nurse Pap Smear Provider in Queensland. This course is also open to enrolled nurses and health workers.

Course dates for the theory component for Brisbane are July and October. More information on the course and registration is available at [www.fpq.com.au/training/clin\\_courses\\_nurses.php](http://www.fpq.com.au/training/clin_courses_nurses.php)

## **Diploma in Child Health (DCH)**

International Postgraduate Paediatric certificate (IPPC)

Apply [www.chw.edu/dch](http://www.chw.edu/dch)

The DCH offers a comprehensive overview of current best practice in child health care, comprising 111 hours of lectures and supporting material delivered as a distance education program via internet or DVD and is conducted as a one year program. The distance education offers busy practitioners the opportunity to learn when it suits them and to implement new knowledge in day to day practice. IPPC Fee for those studying outside Australia = \$5830 / Course fee for GP's = \$2690

## Tick boxes of Special Events that you would like to attend...

### **Practical Education for Nurses: Asthma Devices & Techniques**

*Tuesday 16<sup>th</sup> February at 7:00am – 8:00am*

*Wednesday 17<sup>th</sup> February at 5:30pm – 6:30pm*

Please contact Bralma Hine at SPHN on 3290 3733.

### **Perinatal Meet and Greet**

Please contact Kristie Milloy at SPHN on 3290 3733.

### **Lighten Up to a Health Lifestyle**

Please contact Erin Lumby at SPHN on 3290 3733.

### **Diabetes Reference Group**

Please contact Laura Jordan at SPHN on 3290 3733.

## Registration Form for Special Events

**Name:**

**Practice/Organisation:**

**Position Held:**

**Work Address:**

**Postcode:**

**Telephone:**

**Email:**

**Attending event:**

**\*RSVP by fax to 3290 3144**

**Special dietary requirements:**