



# Events on Time

*enhancing health together*

Friday 19<sup>th</sup> February | 2010

## SPHN Event: **CPR Classes**

- Date:** 25<sup>th</sup> February 2010  
**Time:** 7.00 pm to 9.00 pm  
**Where:** SPHN Offices  
**Contact:** Kim Moffatt, or Stephanie Culshaw at SPHN on 07 3290 3733  
**Cost:** Non Members \$65.00 Members Free



Prices for classes  
at your premises  
available  
on request



# SPHN Events Coming Up...

## Principles for Instrument Cleaning and Sterilisation

- Where: Southbank Institute of Technology
- When: Saturday 6 March 2010 at 9:00am – 12:30pm
- Please ring 13 72 48 ad quote 'SBT-STRSEM' to register with payment Cost: \$65
- For further information call Bralma Hine at SPHN on 3290 3733

## Practical Education for Nurses

### Nurses are renowned for multi-tasking, so...

SouthEast Primary HealthCare Network will be providing short, sharp, one hour education events every month for practice nurses, where you can put your multi-tasking skills to good use – learning, networking and eating, all at the same time. These events will continue on a monthly basis until November 2010. Registrations will be taken on a monthly basis.

#### **March Event:** Diabetes and Chronic Disease in A&TSI Communities

- The Aboriginal and Torres Strait Islander population has a higher risk of developing and dying from diabetes than the general Australian population. The prevalence of undiagnosed diabetes in the Aboriginal and Torres Strait Islander population exceeds 5% in all those over 35 years of age.
- Tamara Nikolaou, Worimi & Gumbainggir descendant, & Primary Care Liaison Officer for the Linking Indigenous People (LIP) Program will discuss the prevalence of diabetes in Aboriginal and Torres Strait Islander peoples and look at some evidence and recommendations for you to consider.
- Janita Bird, Diabetes Educator, will discuss common diabetes blood tests, home blood glucose monitoring (HBGM) and how to sell it, and what to look for in HBGM.
- **Date:** Tuesday 16th March from 7:00am – 8:00am for continental breakfast OR
- **Date:** Wednesday 17th March from 5:30pm – 6:30pm for a light meal
- **Contact:** For further information please contact Bralma Hine at SPHN on 3290 3733 or e: [bhine@sphn.org.au](mailto:bhine@sphn.org.au)

## Mind The Gap: Physical and Mental Health Comorbidity Education and Training for Primary Health Care

Mind the Gap is a two-hour physical and mental health comorbidities education workshop accredited with the RACGP, the RCNA and the ACRRM.

- Target audience: GPs, practice nurses, and other primary health care professionals involved in the multidisciplinary team
- **Date:** 15 April 2010
- **Contact:** Kim Moffatt, Education & Training Coordinator Ph. 32903733

# SPHN Events Coming Up...

## AGPN “Can Do” Program

### Managing Mental Health & Substance Use in Primary Care

A six and a half hour ‘Can Do’ interactive learning and reflective listening educational event.

**Program Objectives:**

- Provision for general practitioners and allied health professionals to up-skill in mental health, drug and alcohol comorbidity.
- Facilitated education and training covering coordination of care, assessment, care plan development, treatment, referral and review of people with co-occurring mental health and substance use conditions.
- **Date:** Saturday 6<sup>th</sup> March 2010
- **Venue:** Logan Rd Conferencing & Banqueting Centre, 433 Logan Road, Stones Corner
- **Contact:** Kim Moffat at SPHN on 3290 3733.



### Diabetes Reference Group



The Diabetes Reference Group has been established as part of the Diabetes Insulin Stabilization Clinics (DISC) project. The purpose of the group is to provide ongoing support and direction to both the DISC program and diabetic care services in the Logan community. It is also a great networking opportunity for the health professionals involved and will contribute to improving the information flow between healthcare providers. For further information, please contact Laura Jordan at SPHN on 3290 3733.

- **Date:** Wednesday 3<sup>rd</sup> March 2010.
- **Time:** 12.30 pm to 1.30 pm
- **Venue:** Kingston Butter Factory Conference Room
- **RSVP:** Before 26 February 2010

## H1N1 and Other Vaccine Guidelines Event

**The following are learning objectives for the education event:**

- Gain an understanding of current recommendations for seasonal flu and Panvax administration
- Identify where to source current information and administration of rabies vaccine and rabies immunoglobulin
- Demonstrate current protocols in the management of infection control
- 4 RACGP QA&CPD points will be allocated to attending General Practitioners
- Practices attending will receive a FREE Pandemic PPE pack from the Network!
- **Date:** 3rd March 2010 Registration and 2 course dinner at 6:30pm
- **Where:** Logan Entertainment Centre.
- **Contact:** Sylvia Penhaligon at SPHN on 3290 3733

# Conferences & Workshops...

## LIFE Professional Development: Evaluating suicide prevention projects

Living Is For Everyone (LIFE) in conjunction with the Australian Psychological Society is hosting free professional development evaluation workshops around Australia in March and April 2010. These day long workshops will introduce and explain the key concepts of evaluation and leave participants with a take-home plan. Anyone working with people at risk of suicide who would like to learn about evaluating projects or improving their current evaluation systems is eligible to attend.

- **Date:** 20 April approximately 9am-5pm
- **Where:** The Queensland workshop will be held at the Hotel George Williams.
- **Cost:** There is no cost to attend and catering for the day will be provided. Spaces are limited, so fill out a registration form and send it to the LIFE team as soon as possible.

Registration forms can be downloaded from

<http://www.livingisforeverone.com.au/Evaluation-workshops.html>

Don't miss this amazing opportunity for free professional development, register now (registration closes two weeks prior to each workshop date)! If you have problems downloading or filling out the registration form please contact Rhona Rees on 03 8371 2831 or [rrees@crisissupport.org.au](mailto:rrees@crisissupport.org.au)

## PNCE Practice Nurse Education Conference 2010

The Brisbane Practice Nurse Clinical Education (PNCE), run in association with the Australian Practice Nurse Association (APNA) was launched for the first time in 2007. The conference program covers a wide range of both clinical and professional topics, allowing practice nurses to create a program which specifically meets their practice needs. The event also provides practice nurses with a forum in which they can network and discuss key issues affecting their profession with other practice nurses.

- More practical, hands on sessions, allowing you to roll up your sleeves and increase your skills
- Streaming of sessions to ensure your needs are met, whether you are new to general practice or have been around for years!
- IV Cannulation - A Nationally Accredited Certificate course for those nurses looking to gain recognised National Accreditation
- Motivational keynote sessions on key issues in Practice Nursing
- **Date:** 27 & 28 February 2010
- **Where:** Education Centre, Royal Brisbane & Womens Hospital, Block 1, Butterfield St, Herston
- **Contact:** Register online at [www.pnce.com.au/brisbane](http://www.pnce.com.au/brisbane) or phone 02 9422 2941

# Conferences & Workshops...

## 53rd Gold Coast Clinical Update: Postcards from General Practice

The RACGP Queensland Faculty invites you to a mix of work and play at the **53rd Gold Coast Clinical Update: Postcards from General Practice**. For a well deserved break, the friendly location offers a great range of discounted activities for you and your family to enjoy.

- Register before 31 March to take advantage of the Early Bird rate and save on your registration.
- Don't miss out on this opportunity to earn Category 1 and 2 points before the end of the triennium!
- The conference will cover a number of topics including CPR, Urology, Sexual Health, Dermatology, Diabetes, Paediatric Orthopaedics, Ophthalmology and more!
- Conference Registration includes a unique Shark Bay Experience and a ticket to the Conference Dinner featuring an exciting dolphin show!
- **Date:** 1 - 2 May 2010
- **Where:** Sea World Resort
- **Contact:** For further information on this event, please contact Georgina Scriha, Marketing and Events Coordinator on 07 3456 8941, email [georgina.scriha@racgp.org.au](mailto:georgina.scriha@racgp.org.au) or visit [www.racgp.org.au/qld/events](http://www.racgp.org.au/qld/events)

## Pap Smear Provider training for Nurses

Family Planning Queensland is a leading provider of specialist education and training. The Pap Smear Provider course provides registered nurses with specialist knowledge and skills to practice as a Pap Smear provider and to be eligible for authorisation as a Registered Nurse Pap Smear Provider in Queensland. This course is also open to enrolled nurses and health workers.

- Course dates for the theory component for Brisbane are July and October. More information on the course and registration is available at: [www.fpq.com.au/training/clin\\_courses\\_nurses.php](http://www.fpq.com.au/training/clin_courses_nurses.php)

## Orientation Program for Nurses ~ New to General Practice

General Practice Queensland is pleased to deliver this new 2 day orientation program workshop. The aim of this program is to enhance the knowledge and clinical skills of the Practice Nurse to support the General Practitioners to provide comprehensive interventions and population based primary health care.

- **Date:** 19<sup>th</sup> – 20<sup>th</sup> March 2010 and 4<sup>th</sup> – 5<sup>th</sup> June 2010 from 9.00am – 5.00pm (TBC)
- **Where:** Royal on the Park, Cnr Alice and Albert Streets, Brisbane
- **Cost:** \$120 (GST Inc) – This fee includes all course materials, morning tea and lunch
- **Contact:** Places are limited for registration!! Please contact Bralma Hine at SPHN on 3290 3733.

# Conferences & Workshops...

## Challenges in Cardiology Conference

This conference will address advances in cardiovascular medicine including diagnostics, imaging, electrophysiology and pacing, genetics, stem cell and electronic health; and self management issues including adherence to lifestyle and medicines, secondary prevention models and human behavior.

- **Date:** Friday 9 April 2010, 12.30 – 5.30pm followed by networking drinks  
Saturday 10 April, 8.30 – 3.00pm
- **Where:** Royal Brisbane and Women's Hospital Education Centre, Herston, Queensland
- **Contact:** Heart Foundation by email [qld@heartfoundation.org.au](mailto:qld@heartfoundation.org.au) or phone 07 3872 2500 or visit [www.heartfoundation.org.au/get\\_involved/whats\\_on/pages/cic2010](http://www.heartfoundation.org.au/get_involved/whats_on/pages/cic2010)

## Mindfulness for Health 8 Week Program

Program for people who are looking for a different way to manage their chronic health condition which may be diabetes, heart disease, arthritis, asthma, stroke, cancer and may also have mild to moderate depression and/or chronic pain. Based on "Mindfulness-Based Cognitive Therapy for Depression – A New Approach to Preventing Relapse" by Segal, Williams & Teasdale 2002

- **Future Dates:** Term 2 Introduction 27 April 2010, then  
8 weeks on Mondays from 4 May – 18 May then 1 June – 29 June
- **Where:** Logan Central Community Health, 97-103 Wembley Road, Logan Central
- **Contact:** Intake Officer at Logan Central Community Health Centre 3290 8900

## Essential Topics in Psychology - Clinical Professional Development Series

Presented by Queensland University of Technology with the support of CQ University Australia and JCU. Register for Brisbane, Rockhampton or Cairns at <http://www.hlth.qut.edu.au/psyc/study/pd>

**Contact:** Narelle Dickinson 0407 118 969 or [Narelle.dickinson@ecn.net.au](mailto:Narelle.dickinson@ecn.net.au)

**Where:** QUT Kelvin Grove

- 16 April 2010 -- Evidence-based Psychodynamic Psychotherapy, Associate Professor Robert Schweitzer (This workshop is now full. Date for second Brisbane conference TBA)
- 11 June 2010 –Understanding and Treating OCD in Adults, Professor Roger Dooley
- 23 July 2010 - Collaborative Skills for Relationship Counselling, Dr Roger Lowe
- 10 September 2010 - Ethical Decision Making for Contemporary Psychological Practice, Emeritus Professor Graham Davidson
- 22 October 2010 - Alcohol Problems: Understanding, Assessment and Treatment, Mr Lee Beames

## QLD Medical Director Training

HCN is pleased to announce Medical Director 3 training. This training session is helpful for Nurses, Receptionists, Allied Health Professionals and Doctors. The topics covered are those more widely used areas of the program, however participants need to ensure that the topics discussed suits their requirements. People who would like a wider and more intense training session should consider one-on-one training, which can be quoted at half day and full day rates.

- **Where:** Carina Leagues Club, 1390 Creek Road, Carina QLD 4152
- **Date:** Friday 5<sup>th</sup> March 2010 **Time:** 9.30 – 4.30
- **Cost:** The cost is \$200 (ex GST, non-refundable) per person per day. Payment can be made by credit card, cheque or bank transfer before the 2<sup>nd</sup> of March 2010.
- **Contact:** To register for this session call **Belinda Grigor** on (02) 9467 6179 Seats are strictly limited for each session and the sessions fill up fast, therefore please book early to avoid disappointment.

## Tick boxes of Special Events that you would like to attend...

### **CPR 25 February 2010**

Please contact Kim Moffatt at SPHN on 3290 3733.

### **Diabetes Reference Group 3 March 2010**

Please contact Laura Jordan at SPHN on 3290 3733.

### **H1N1 and Other Vaccine Guidelines Event**

**3 March 2010**

Please contact Sylvia Penhaligon at SPHN on 3290 3733.

### **Can Do 6 March 2010**

Please contact Kim Moffatt at SPHN on 3290 3733.

### **Mind the Gap 15 April 2010**

Please contact Kim Moffatt at SPHN on 3290 3733.

### **Practical Education for Nurses 1 6 & 17 March:**

Diabetes and Chronic Disease in A&TSI Communities

Tuesday 16<sup>th</sup> March at 7:00am – 8:00am

Wednesday 17<sup>th</sup> March at 5:30pm – 6:30pm

Please contact Bralma Hine at SPHN on 3290 3733.

## Registration Form for Special Events

**Name:**

**Practice/Organisation:**

**Position Held:**

**Work Address:**

**Postcode:**

**Telephone:**

**Email:**

**Attending event:**

**\*RSVP by fax to 3290 3144**

**Special dietary requirements:**