



# Events on Time

*enhancing health together*

Friday 19<sup>th</sup> March | 2010

## Smoke Alarm

Addressing Nicotine Addiction

And

Smoking Cessation



### Are you doing enough in general practice?

This lecture will reinforce the motivation for smoking cessation treatment, counselling and interventions. Primary care providers are in a unique position to assist patients with quitting smoking.

Renee Bittoun is an Associate Professor at University of Sydney and she will provide tools for smoking cessation, with practical tips for screening, behavioural support and pharmacotherapy for GP's and practice nurses.

**Date & Time:** Tuesday 13<sup>th</sup> April 2010 at 6.30pm for 7pm dinner  
**Venue:** Rydges Southbank Hotel, 9 Glenelg Street, Southbank

For further information, please contact Rhona MacDonald at SouthEast Primary HealthCare Network on 3290 3733.

**SouthEast Primary HealthCare Network looks forward to seeing you at our events!**

**Edition 6 | Page 1 of 4**



# SPHN Events Coming Up...

## Perinatal Mental Health Training

SouthEast Primary HealthCare Network invites General Practitioners, Psychologists and Midwives to Perinatal Mental Health Training. The National Perinatal Depression Initiative aims to improve the prevention and early detection of antenatal and postnatal depression through routine and universal screening of all women in pregnancy and postnatally.

Topics to be covered:

- Perinatal Mental Health Disorders; Infant Mental Health Considerations
- The use and application of the Edinburgh Post Natal Depression scale (EPDS)
- Pathways to care including referral options in the community and Case Studies

**Date & Time:** Thursday 25<sup>th</sup> March 2010 from 6.00pm

**Venue:** Diana Plaza Hotel, Arcadia Room, 12 Annerley Road, Woolloongabba

For more information please contact Kristie Milloy at SouthEast Primary HealthCare Network on 3290 3733

## Practical Education for Nurses! Chronic Disease Self-management (CDSM)

General Practice is required to play an integral role in improving the quality of life for people with chronic disease and address the current pressure on the acute hospital system by reducing avoidable hospital admissions. The solution is to embrace a new way of thinking about and managing chronic disease conditions.

**Date & Time:** Tuesday 20<sup>th</sup> April from 7am – 8am for a Continental breakfast or  
Wednesday 21<sup>st</sup> April from 5.30pm – 6.30pm for a light meal

**Venue:** Kingston Butter Factory, Milky Way Lane, Kingston

For further information please contact Bralma Hine at SouthEast Primary HealthCare Network on 3290 3733.

## AGPN “Can Do” Program: Managing Mental Health & Substance Use in Primary Care

Unfortunately the ‘Can Do Comorbidity Event’ scheduled for March 6<sup>th</sup> this year has been **cancelled** and will be rescheduled to:

**Date & Time:** Wednesday 28<sup>th</sup> April from 7pm – 9.30pm

**Venue:** Summer on the River (formally Oxleys on the River), 330 Coronation Drive, Milton

We have restructured the event to retain the intent of joint learning, peer networking and peer support strategies, while providing a relaxed evening event in a restaurant setting.

To register your interest for this event, please contact Kim Moffatt at SPHN on 3290 3733

## CPR Course

SouthEast Primary HealthCare Network is offering CPR Classes for both Members and Non Members.

**Date & Time:** Thursday 20<sup>th</sup> May from 7pm – 9pm

**Venue:** TBA

For further information please contact Stephanie Culshaw at SPHN on 3290 3733.

# Conferences & Workshops...

## Pap Smear Provider training for Nurses

Family Planning Queensland is a leading provider of specialist education and training. The Pap Smear Provider course provides registered nurses with specialist knowledge and skills to practice as a Pap Smear provider and to be eligible for authorisation as a Registered Nurse Pap Smear Provider in Queensland. This course is also open to enrolled nurses and health workers.

Course dates for the theory component for Brisbane are July and October. More information on the course and registration is available at: [www.fpq.com.au/training/clin\\_courses\\_nurses.php](http://www.fpq.com.au/training/clin_courses_nurses.php)

## “I’m Listening”

A coffee and chat for parents with children aged between 1 – 12 years.

**Date & Time:** Every Wednesday 10am – 11.30am (except 2<sup>nd</sup> Wednesday of the month)

**Venue:** Family Relationship Centre Hall, Ewing Road, Logan Central

For further information please contact Tracie Nelder from Family Support on 3290 5200.

## LIFE Professional Development: Evaluating suicide prevention projects

Living Is For Everyone (LIFE) in conjunction with the Australian Psychological Society is hosting free professional development evaluation workshops around Australia in March and April 2010. These day long workshops will introduce and explain the key concepts of evaluation and leave participants with a take-home plan. Anyone working with people at risk of suicide who would like to learn about evaluating projects or improving their current evaluation systems is eligible to attend.

**Date & Time:** Tuesday 20<sup>th</sup> April from 9am-5pm

**Venue:** The Queensland workshop will be held at the Hotel George Williams  
325 George Street, Brisbane

**Cost:** There is no cost to attend and catering for the day will be provided. Spaces are limited, so fill out a registration form and send it to the LIFE team as soon as possible.

Registration forms can be downloaded from

<http://www.livingisforeverevone.com.au/Evaluation-workshops.html>

Don't miss this amazing opportunity for free professional development; register now (registration closes two weeks prior to each workshop date)! If you have problems downloading or filling out the registration form please contact Rhona Rees on 03 8371 2831 or [rrees@crisissupport.org.au](mailto:rrees@crisissupport.org.au)

## RDAQ – Rural Doctors Association of Queensland 21<sup>st</sup> Annual Conference Coming of Age – Innovations in Rural Health

The conference will provide a wide ranging forum for exchanging ideas and developing new skills. Running over 2 days along with 2 additional days of pre conference workshops, the program includes the latest updates in clinical practice and training, topical presentations, discussion forums, policy updates and RDAQ's traditional medico-political forum to discuss issues vital to the survival of rural and remote healthcare services .

**Date & Time:** Friday 11<sup>th</sup> June – Sunday 13<sup>th</sup> June 2010 from 9am – 5pm

**Venue:** Mackay Exhibition and Convention Centre

For further information, please contact Sarah Smith from Health Workforce Queensland on 3105 7800.

**Tick boxes of Special Events that you would like to attend...**

**Perinatal Mental Health Training**  
 Thursday 25<sup>th</sup> March 2010 at Diana Plaza Hotel  
 Please contact Kristie Milloy at SPHN on 3290 3733.

**Smoking Cessation**  
 Tuesday 13<sup>th</sup> April 2010 at Rydges Southbank Hotel  
 Please contact Rhona MacDonald at SPHN on 3290 3733.

**Practical Education for Nurses:  
 Chronic Disease Self-management (CDMS)**  
 Tuesday 20<sup>th</sup> April at 7:00am – 8:00am  
 Wednesday 21<sup>st</sup> April at 5:30pm – 6:30pm  
 Please contact Bralma Hine at SPHN on 3290 3733.

**AGPN “Can Do” Program: Managing Mental Health and  
 Substance Use in Primary Care**  
 Wednesday 28<sup>th</sup> April 2010 at Summer on the River  
 Please contact Kim Moffatt at SPHN on 3290 3733.

**CPR Course**  
 Thursday 20<sup>th</sup> May 2010. Venue TBA.  
 Please contact Stephanie Culshaw at SPHN on 3290 3733.

**Registration Form for Special Events**

Name:

Practice/Organisation:

Position Held:

Work Address:

Postcode:

Telephone:

Email:

Attending event:

\*RSVP by fax to 3290 3144

Special dietary requirements: