

# gambling help



## **Have I asked my patient the gambling question?**

With almost \$20m a month being spent on gambling in the Logan area alone, and the known effects of gambling addiction to include increased depression, anxiety, stress and suicide, it is a good idea to remember... Have I asked my patient the gambling question?

## **Has gambling ever caused you problems in your life?**

If the answer is "YES" the Gambling Help Service provides free specialist counselling for all people affected by gambling. Call the Gambling Help Service at Relationships Australia on 1300 364 277 for free gambling help counselling or [www.gamblinhelponline](http://www.gamblinhelponline) for online counselling, information and support.