



General Practitioners

Free Dementia Information Session

- Alzheimers Australia (Qld)'s Dementia Behaviour Management Advisory Service (DBMAS) free seminar for GPs, Practice Managers and Practice Nurses.
- Focusing on dementia, behaviours of concern, strategies and solutions, how and where to get help.
- Date:** Monday 15 February
- Where:** Logan North Library, Upstairs Meeting Room, Cnr Sports Drive & Springwood Road, Underwood
- Time:** 9.30 – 11 am Morning tea provided
- Contact for booking:** Sally Dunlop 07 3895 8200 sallyd@alzqld.asn.au

Cognitive Behaviour Therapy in General Practice

Belmont Private Hospital invites all GPs to this mental health education evening.

- Dr Mark Spelman (Psychiatrist) and members from the Cognitive Behaviour Therapy Unit will provide GPs with the techniques that can be applied in general practice to assist patients to regulate their emotional state. Register early – limited numbers.
- Where:** Michaels Oriental Restaurant (Dinner and Drinks provided)
- Date:** Wednesday 24th February 2010
- Time:** 6:30pm Registration
- Contact:** Julie on 3398 0207 / 0438 792 378 / fax 3041 3552

Mind The Gap: Physical and Mental Health Comorbidity Education and Training

'Mind the Gap' is a two-hour physical and mental health comorbidities education workshop accredited by RACGP, the RCNA and the ACRRM.

- Target audience: GPs, practice nurses, and other primary health care professionals involved in the multidisciplinary team.
- Date:** TBC – Anticipated late March, 2010
- Contact:** Kim Moffatt Ph. 32903733

Anxiety Online

- comprehensive online mental health service offering information, assessment and treatment programs ("eTherapy") for the anxiety disorders.
- world-first initiative of the National eTherapy Centre (NeTC) at Swinburne University of Technology.
- information, clinical assessment and treatment programs.
- For more information www.anxietyonline.org.au

Chronic Disease & Self-Management Networking Group

- Do you have an interest in Chronic Disease and Self Management?
- Network and meet with Peers, Self Management organizations, support providers and other health professionals, share information, discuss issues and promote activities and initiatives to enhance the health of the Logan Beaudesert Community.

Where: SouthEast Primary HealthCare Network, Wembley Place, 91 Wembley Rd, Logan Central

Date: 24 February 2010 **RSVP 15 February 2010**

Time: 12:00pm Lunch will be provided.

Contact: Susan Tippett at SPHN on 3290 3733 or stippett@sphn.org.au if you wish to attend.

Chronic Disease Self-Management Course

Topics include:

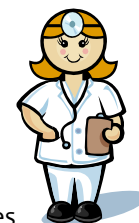
- How to manage your symptoms, communicate effectively with your doctor, lessen your frustration, fight fatigue, make daily tasks easier, get more out of life.
- Where:** Logan Central Community Health, Level 2 Cnr Wembley & Ewing Roads, Logan Central
- Date:** Next course starting Friday 19th February 2010 – for **6 weeks**
- Time:** 9 - 11.30am (same time each week)
- Contact:** Intake Officer at Logan Central Community Health Centre **3290 8900**

Positions Vacant

- Southside GP position. PT/FT Fully computerised accredited practice with established patient base. Replacing retiring Doctor. Full RN support. No afterhours.
Contact: Sue 3299 6777 or 0422316655
- FT/PT GPs busy private-owned practice in Waterford West. DWA available. Fully computerised. RN support.
Contact: 0732996688 or 0401338068
- Female GP VR (part time available) Logan Central
Contact: Practice Manager on 0400110612
- GP F/T & P/T Required:** Meadowbrook
Contact: Joye on 0400 159 101
- GP Required:** Springwood
Contact: Bill on 0433 479 004
- VR GP F/T or P/T Required:** Algester
Contact: Fabienne on 3711 2880

For more information regarding these vacancies

please visit www.sphn.org.au/general-practitioners



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Allied Health Professionals

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AGPN "Can Do" Program - Managing Mental Health & Substance Use in Primary Care

A six and a half hour 'Can Do' interactive learning and reflective listening educational event:

Program Objectives:

- Provision for general practitioners and allied health professionals to up-skill in mental health, drug and alcohol comorbidity.
- Facilitated education and training covering coordination of care, assessment, care plan development, treatment, referral and review of people with co-occurring mental health and substance use conditions.
- **Date:** Saturday 6th March 2010
- **Venue:** Logan Rd Conferencing & Banqueting Centre, 433 Logan Road, Stones Corner
- **Contact:** Kim Moffat at SPHN on 3290 3733.

Lighten Up ~ Booking for your Patients

Lighten Up is an eight week, group based healthy lifestyle program which emphasises making healthy food choices, being physically active, setting realistic goals, increasing self esteem and managing stress.

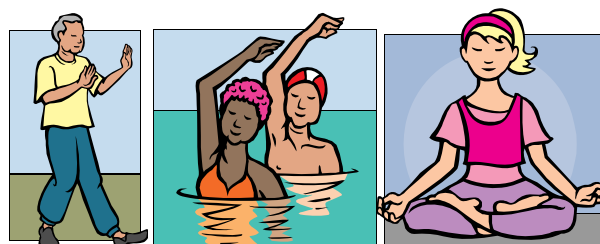
- Monday 8th February 2010 from 2.00pm – 4.00pm at Beenleigh Library
- **Contact:** Erin Lumby at SPHN on 3290 3733



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Chronic Disease & Self-Management Networking Group

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Membership Reminder

All 2008/2009 current memberships have expired as of 1st December 2009. In order to continue enjoying the benefits of membership please fax membership forms to SPHN on 3290 3144.

- **Contact:** Stephanie Culshaw at SPHN on 3290 3733.

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Practice Staff

National Nurses Award

- Commenced on 1 January 2010.
- A copy of the award can be downloaded from the Australian Practice Nurse Association (APNA) website <http://www.apna.asn.au/>

HESTA Australian Nursing Awards

- The Australian community is urged to nominate Practice Nurses for the 2010 HESTA Australian Nursing Awards.
- With a prize pool of \$25,000 across the categories of Nurse of the Year, Innovation in Nursing and Graduate Nurse of the Year, they are the most prestigious nursing awards in the country.
- Nominations close on 28 February. Finalists will be announced in April and those from interstate will be flown to the gala awards ceremony in Melbourne (Thursday 13 May).
- Visit www.hestanursingawards.com to make a nomination.

NEWS: GPII020A Practice Reports now available online

- Immunisation providers can now get their GPII020A Practice Reports online in a print-friendly format from the Australian Childhood Immunisation Register (ACIR) secure site.
- The main advantage is that practices can access information on children overdue for immunisation faster than waiting for the report to arrive in the mail.
- For more information contact the GPII Enquiries Line on 1800 246 101 or the ACIR Internet Helpdesk on 1300 650 039.

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H1N1 and other Vaccine Guidelines Event

H1N1 and other vaccine guidelines event on 3rd March 2010 at 6:30pm at Logan Entertainment Centre. 4 RACGP QA&CPD points will be allocated to attending General Practitioners.

- Gain an understanding of current recommendations for seasonal flu and Panvax administration
- Identify where to source current information and administration of rabies vaccine and rabies immunoglobulin
- Demonstrate current protocols in the management of infection control

Practices attending receive a FREE Pandemic PPE pack from the Network Registration & 2-course dinner 6:30pm

- **Contact:** Sylvia Penhaligon at SPHN on 3290 3733

Principles for Instrument Cleaning and Sterilisation

- Where: Southbank Institute of Technology
- When: Saturday 6 March 2010
- Time: 9:00am – 12:30pm
- Please ring 13 72 48 ad quote 'SBT-STRSEM' to register with payment Cost: \$65
- For further information call Susan Cederblad at SPHN on 3290 3733

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Positions Vacant

- **RN required for Non Corporate family practice. Approx 15-20 hours.**
Contact Sue on 3299 6777 / 0422 316 655
- **Casual Medical Receptionist Required: general practice in Waterford West. Experience with computer and MD/Pracsoft preferred. CV to whzeng67@yahoo.com.au or phone 07 32996688**
- **Medical Receptionist Required: Logan Central**
Contact: 3808 8444

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