



is presenting a 2 Day Training Workshop

## 'An Introduction To Working With Individuals Who Self-Abuse'

[a pre-requisite for the 3 day 'Facilitating the SAFE in Oz Consumer Program']

Wednesday & Thursday

### 23rd & 24th November 2011

Training Room—Mental Health Association of Qld  
473 Annerley Rd [Cnr Annerley Rd & Fanny St]  
Annerley 4103

**\$360.00** [Inclusive of GST]

Light refreshments will be provided - BYO Lunch

Day 1 - 8.45am for 9am prompt start until 4pm

Day 2 - 9am prompt start until 4pm

There are limited places available for these workshops, therefore, it is advisable that registrations are finalised early. We have attached a Registration Form for your completion. Upon receipt of your Registration Form and payment, a Registration Confirmation will be forwarded to you

If you require any further information contact; [safeinoz@wideband.net.au](mailto:safeinoz@wideband.net.au)

Di Wines – 0417 303 505 or Annie Slocombe – 0433 085 367

**Perdie said ...** *"I am a 32 year old person. I say person because I don't know who I really am. I have the body of a disfigured woman and the mind of a dead soul. Self-harming for me is a physical manifestation of the extreme internal distress and trauma I feel each day of my life. The feelings of guilt, shame and self-hatred for what I allowed to happen in the past. It is my punishment, yet release from this intense inner pain".*